



VIDYA ACADEMY OF SCIENCE & TECHNOLOGY TECHNICAL CAMPUS – Kilimanoor  
 "A Unit of Vidya International Charitable Trust"

**LIST OF EXTENSION AND OUTREACH PROGRAMMS CONDUCTED BY THE INSTITUTION IN THE ACADEMIC YEAR 2019-2020**

| Name of the activity               | Organising unit/ agency/ collaborating agency | Name of the scheme  | Number of students participated in such activities |
|------------------------------------|---|---|--|
| KANIVU 1                           | NSS unit                                      | Community - Food Distribution                               | 24   |
| KANIVU PAPER PEN                   | NSS unit                                      | Community-Others  | 27   |
| REBUILD KERALA                     | NSS unit                                      | Community - Cyclone/Earthquake/Floods/ Draught/Riots/Others | 44   |
| FLOOD RELIEF MATERIAL DISTRIBUTION | NSS unit                                      | Community - Cyclone/Earthquake/Floods/ Draught/Riots/Others | 30   |
| KANIVU 2                           | NSS unit , VSSC                               | Community - Food Distribution                               | 15   |
| BLOOD DONATION DRIVE               | NSS unit ,General hospital, Trivandrum        | Community- Blood donation camp                              | 59   |
| GANDHI BHAVAN VISIT                | NSS unit                                      | Community-Others  | 25   |
| PUNARJANI                          | NSS unit                                      | Community - Punarjjani                                      | 74   |
| VIMUKTHI                           | NSS unit ,Kerala Excise Department            | Community-Awareness program                                 | 40   |
| WORLD EARTH DAY                    | NSS unit                                      | Community-Cleaning programme                                | 60   |

*M. S. S.*



Dr. L. MATHAVAN PERUMAL  
 Principal  
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## REPORT ON KANIVU 1

26<sup>th</sup> July 2019

### OBJECTIVE:

- To promote the relevance of social responsibility among the students.

### REPORT:

The NSS unit of Vidya Academy of Science and Technology Technical Campus, Kilimanoor has successfully conducted the first community program for the academic year 2019 – 2020 on 26<sup>th</sup> July 2019 at 12:30 pm. We conducted a community work, “KANIVU” under which mid-day meals and vegetables were supplied to Sarvodaya Santhibhavan at Vattappara. The food was collected, arranged and transported to the organization by the NSS volunteers. There were almost 40 inmates of different ages. It is a non - government organisation which is run with the help of students from colleges and other helping hands. Our volunteers visited there along with Program Officer Mr. Lenin Babu, Ms. Sethuparvathy and Ms. Revathy and distributed almost 50 meals to them, also sponsored the stationary items for the next day. **24 NSS volunteers from the college participated in the event.** They spent 2 hours with them, which ended at 2 pm. The Program Officer Mr. Lenin Babu coordinated the program.



### **OUTCOME:**

Donating food establishes the fact that you love and care for them and thinks about them to promote their standard of living. The students were able to experience the positive feeling that they were able to develop by sharing with the ones in need.



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## REPORT ON KANIVU PAPER PEN

2<sup>nd</sup> August 2019

### OBJECTIVE:

- To promote the social responsibility among the students
- To encourage the students to help someone in need

### REPORT:

Human spirit is ability. Perseverance and courage that no disability can steal away. The NSS unit at Vidya Academy of Science and Technology Technical Campus, Kilimanoor conducted the program 'KANIVU PAPER PEN' on 2<sup>nd</sup> August 2019, to help some specially-abled persons for a respectable role in their own life. The volunteers helped them by selling the paper pens, made by them, to the staff and students of VAST TC and to all others who showed interest in buying the pens. Our principal, Dr. T. Mathavaraj Ravikumar inaugurated the program at SB 615 (Mechanical Seminar Hall), which started at 9:30 am by selling the paper pens to the trustee coordinator of Vidya International Charitable Trust, Ms. Anitha Vijayan and specially congratulated the NSS team for its efficient working. The HOD of Civil Engineering Department, Prof. K. Vijayakumar and the HOD of Computer Science and Engineering Department, Ms. Divya Madhu congratulated the NSS team for its love and responsibility. Program Officer, Mr. Lenin Babu and Assistant Programme Officer Ms. Rini Madhavan Rajeev, who were the inevitable part of NSS conveyed their messages regarding the program 'KANIVU PAPER PEN' to volunteers. **27 NSS volunteers from the college helped them in selling their products in different places.** The program was coordinated by the Program Officer Mr. Lenin Babu.

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### **OUTCOME:**

As someone said, helping one person might not change the whole world but helping one, could change the world for one person. Students felt so happy by helping such people and were satisfied by doing something for them.



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## REPORT ON REBUILD KERALA 8<sup>th</sup> August 2019

### OBJECTIVE:

- To promote social responsibility among students
- To help people in flood affected area

### REPORT:

Apart from the flood that occurred during the year 2018, on **8<sup>th</sup> August 2019**, Kerala witnessed the terrifying fury of nature, in the form of landslides and cloudburst. As a security measure in the prevailing situation of heavy rains, the Government of Kerala had issued Red alert in the 9 districts in Northern and Central Kerala, orange alert in 3 districts of Central Kerala, and yellow alert in 2 districts of Southern Kerala. Thousands of people have been evacuated to safer places and relief camps. A total of 101 people lost their lives in the torrential downpour. The camps hosted more than 2 lakh people from various parts of the state. The NSS unit of VAST TC along with students took up the charge of extending a helping hand to those devastated. We donated lots of dress materials, water bottles, napkins, medicine, food items and cleaning materials, to the camps in several districts. Unfortunately, in 2019 we again faced the same situation not only flood but also severe landslides. We lost hundreds of lives and thousands of them were homeless. All the staff and students of our college have come together to lend a helping hand to the families affected by the flood in our state. **The students of VAST TC also actively participated, and 44 students participated.** The necessary materials were collected through the collection camp organised by the NSS unit of our college coordinated by Mr. Lenin Babu (NSS Program Officer). Our college bus and student volunteers reached the flood affected regions of Malappuram district, carrying the commodities collected from different engineering colleges in and around Thiruvananthapuram. Sri. Gopalakrishnan IAS District Collector (Tvm), flagged off the journey along with Mr. Anil Brahmanandan (Academic Advisor, VAST TC), Mr. Lenin Babu (NSS Program Officer, VAST TC), Mr. Sanoj Office, Superintendent (VAST TC), Mr. Chandu (Assistant Professor, ECE). We were received by the health minister of the state, Smt.

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K.K.Shailaja,

in

Malappuram.

We are not alone, we will support and we will together and survive it....



# പ്രളയബാധിതർക്ക് കൈത്താങ്ങായി വിദ്യാ എൻജിനീയറിംഗ് കോളേജ്

കിളിമാനൂർ: പ്രളയത്തിൽ ദുരിതമനുഭവിക്കുന്നവർക്ക് സഹായവുമായി കിളിമാനൂർ വിദ്യാ എഞ്ചിനീയറിംഗ് കോളേജിലെ അധ്യാപക അന്യധ്യാപക വിദ്യാർത്ഥിസമൂഹം കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിലാണ് നിത്യോപയോഗ സാധനങ്ങൾ സമാഹരിച്ചത്. തിരുവനന്തപുരം ജില്ലാ

കളക്ടർ ഗോപാലകൃഷ്ണൻ ഐ.എ. എസ് യാത്ര ഫ്ലാഗ് ഓഫ് ചെയ്തു. കോളേജിലെ എൻ.എസ്.എസ് പ്രോഗ്രാം ഓഫീസർ ലെനിൻ ബാബു, ഓഫീസ് സൂപ്രണ്ട് സനോജ്, അസി. പ്രൊഫസ്സർ ചന്തു എന്നിവർ പങ്കെടുത്തു. മലപ്പുറത്ത് മന്ത്രി കെ. കെ. ശൈലജയുടെ നേതൃത്വത്തിൽ സാധനങ്ങൾ ഏറ്റെടുത്തു.



കിളിമാനൂർ വിദ്യാ എൻജിനീയറിംഗ് കോളേജ് എൻ .എസ്. എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ സമാഹരിച്ച അവശ്യസാധനങ്ങൾ മലപ്പുറത്ത് മന്ത്രി കെ. കെ. ശൈലജ ഏറ്റെടുത്തു



**OUTCOME:**

Through this program, students were able to understand the importance of giving helping hands to needy peoples during their tough times.



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## **REPORT ON FLOOD RELIEF MATERIAL DISTRIBUTION**

**18<sup>th</sup> August 2019**

### **OBJECTIVE:**

- To promote social responsibility among students
- To help people in flood affected area

### **REPORT:**

The NSS Unit of VAST TC, Kilimanoor, collected essential materials such as medicines, baby food, sanitary napkins, undergarments, and dresses for gents, women and children, bottled water etc. from the areas like Kadakkal, Panappamkunnu, Thattathumala and Kilimanoor for the people adversely affected by the floods on 17<sup>th</sup> August 2019 and 18<sup>th</sup> August 2019. On 18<sup>th</sup> August 2019, all the materials collected were distributed by the volunteers at the flood relief camp at Pathanamthitta.

**Total of 30 NSS volunteers participated in the program.** They organized the event, collected the necessities in these two days, and helped load the items in the trucks to send them to the areas hit by the floods by 4 pm in the evening of 18<sup>th</sup> August 2019. The program was coordinated by the Programme Officer, Mr. Lenin Babu.



## **OUTCOME:**

Students were able to provide all the necessary things to camp and everyone appreciated them for their efforts. Through this event they developed a sense of oneness and realized the importance of working for the community during challenging times.



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## REPORT ON KANIVU 2 25<sup>th</sup> September 2019

### OBJECTIVE:

- To provide nutritious food to old age home
- To promote social responsibility among students

### REPORT:

Even though India is a progressive nation, the fact still remains that India is home to the highest number of malnourished population in the world. Even though we are self-reliant in terms of food production, the condition of starvation is very persistent in the nation. In this situation, a program on food donation was organized on 25<sup>th</sup> September 2019 to collect food materials at VAST TC, Kilimanoor under National Service Scheme (NSS). The program was also organized to mark the golden jubilee anniversary of NSS. As part of our activities, the volunteers provided nutritious mid-day meals to the 40 elderly persons in Sarvodaya Santhi Bhavan at Vattappara. The program was conducted under the leadership of the NSS volunteer, Mr. Jijo. It was the second time that they conducted a mid-day meal by an NSS unit in the academic year. All the NSS volunteers of the college joined their hands in the successful fulfillment of mid-day meals. **15 NSS volunteers and Ms. Rini Madhavan Rajeev, Assistant Program Officer, arrived at Santhi Bhavan at 12:15 pm.** They supplied lunch (meals) at 12:45 pm. They spent 30 minutes with the elders of Santhi Bhavan. All the activities were carried out with the great support of our Principal, Dr T. Mathavaraj Ravikumar and our NSS Program Officer Mr. Lenin Babu. Mr. Lenin Babu coordinated the program.



## OUTCOME:

Students felt so happy by spending time with the inmates of Santhi Bhavan.



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## REPORT ON BLOOD DONATION DRIVE 30<sup>th</sup> September 2019

### OBJECTIVE:

- To raise awareness that individuals can save lives and improve the health of others by donating blood.
- To encourage people to donate blood voluntarily without compensation.
- To support the operation of safe and reliable blood services.

### REPORT:

On 30<sup>th</sup> September 2019, NSS volunteers of VAST TC Kilimanoor, organized a Blood Donation Drive in association with General Hospital, Thiruvananthapuram, and a non-profit organization Kerala State Blood Transfusion Council, ‘Blood Donation - Kerala’. A lady doctor from RCC, Thiruvananthapuram and staff reached the campus with the equipment required. The program commenced at 10 am in Lecture Hall SB 515, with our first donor and Program Officer Mr. Lenin Babu. A total of 50 units of blood were donated by the students who registered. **59 students took part in the event.** Mr. Lenin Babu coordinated the program, which ended at 3 pm.

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## **OUTCOME:**

Blood is the most precious gift that anyone can give to another person — the gift of life. A decision to donate blood can save a life or even several if the blood is separated into its components — red cells, platelets and plasma — it can be used individually for patients with specific conditions. Students understood the importance of blood donation and they felt so proud by taking part in such a good deed. The hospital staff thanked the NSS team for their effort in successfully organizing the blood donation drive.





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## REPORT ON GANDHI BHAVAN VISIT

1<sup>st</sup> December 2019

### OBJECTIVE:

- To sensitize the students about the problems faced by the people who are alone
- To realize the agony and pain which the people go through in their life while living away from their dear ones.
- To provide them companionship and emotional support

### REPORT:

The volunteers of NSS unit of VAST TC visited a charitable organization GANDHI BHAVAN, at 10 am, on 1<sup>st</sup> December of 2019. Gandhi Bhavan is situated on the banks of Kallada River at Kundayam, near Pathanapuram in Kollam District, Kerala, India. A registered non-government organization that is deeply devoted and dedicated to the destitute of beings ranging from kids to senior most citizens. They are abandoned by the very people they count on. There are the deranged who move without any destinations, the paraplegic and the bedridden, the physically, mentally and visually challenged, the HIV affected, the cancer patients, the TB patients, the people with suicidal ideation, orphan kids etc. **25 volunteers with the Program Officer visited the inhabitants of Gandhi Bhavan.** They reached there at 10:00 am. The management and the inmates of Gandhi Bhavan gave a warm welcome to the entire team. As a part of the active participation and humble donations from the students and faculty of VAST TC, more than 500 dresses and cash were donated to them. The program was coordinated by Mr. Lenin Babu. There are around 700 people in the organization. There are many staff including nurses, social workers, other volunteers etc with the inmates. The inmates included old age people, mentally retarded children etc. The volunteers had an informal interaction with inmates and employees of Gandhi Bhavan. This was a thought provoking experience for them..

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## **OUTCOME:**

Visiting Gandhi Bhavan helped the students to realize how painful it is to get abandoned by dear ones. It also helped them realize the importance of helping the needy. They promised themselves that they would visit the organization occasionally and do whatever help they can.



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## REPORT ON PUNARJANI

25<sup>th</sup> January 2020, 2<sup>nd</sup> February 2020

### OBJECTIVE:

- To promote social responsibility among students
- To make the hospital surrounding neat and clean
- To renovate the rusted things by painting

### REPORT:

A Punarjani program was organized at Govt. Taluk Hospital Kadakkal under the National Service Scheme (NSS) unit of VAST TC, Kilimanoor. The program was arranged to repair and repaint the worn out hospital equipment. The program was divided into two-day sessions.

#### Day 1:

During the first day on 25<sup>th</sup> January 2020, the first batch of **NSS volunteers consisting of 30 students** and under the guidance of NSS Program Officer Mr. Lenin Babu started the work at 10 a.m. The objective of our work on the first day was to be to polish all the rusted beds, stands and oxygen cylinders and to paint them. The program ended by 3 pm.

#### Day 2:

During the second day, on 2<sup>nd</sup> February 2020, the second batch **consisting 44 NSS volunteers**, under the guidance of NSS Program Officer Mr. Lenin Babu and Assistant Program Officer Ms. Rini Madhavan Rajeev, started the work at 10 a.m. The volunteers were divided into three groups. The first group was given the task of removing the moss off the wall and then painting it. The second group was tasked with repairing, polishing and painting the remaining beds and chairs. The third group was given the work to paint the walls of the Pediatric ward of the hospital, with

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cartoon characters. **Total of 74 students participated in the program.** Students ended the work by 3:30 pm. The program was coordinated by Mr.Lenin Babu.



### **OUTCOME:**

Students felt so happy and they appreciate the help of the hospital staff and thank them for providing the opportunity to help them.





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## REPORT ON VIMUKTHI

7<sup>th</sup> February 2020

### OBJECTIVE:

- To aware the students about the bad impact of alcoholism and drug abuse
- To conduct the awareness campaign launched by Government of Kerala in the college

### REPORT:

The Government has launched ‘Vimukthi‘ (Kerala State Mission for De-addiction), a new project to conduct awareness campaigns against alcoholism and drug abuse. It is being implemented with the help of Student Police Cadets, anti- addiction clubs of schools and colleges, National Service Scheme, Kudumbasree, State Library council, anti- alcoholic organizations, different student, youth and women’s organisations. Addiction free Kerala is the aim of this mission. Statewide campaigns to make students and youth aware of the evils of drug addiction and alcoholism were conducted. Drug use and abuse is a widespread problem that has a negative impact on the society. The use and abuse of illegal drugs are a health, social and law enforcement problem in the world.

On 7<sup>th</sup> February 2020, NSS cell of VAST TC Kilimanoor introduced Vimukthi into our college by conducting Vimukthi jwala at the college lobby. The program started at 9 am. The Program Officer of NSS Mr. Lenin Babu lighted the candles and passed them on to the volunteers. Soon after that Vimukthi pledge was taken. Some students created posters on drug abuse and it was exhibited in the college lobby. After this session, at 3 pm, the volunteers participated in the **Vimukthi jwala rally** conducted by the Excise department of Kerala in Kilimanoor private bus stand and also provided a awareness speech to the public by the NSS coordinator Mr.Lenin Babu. The program

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was ended at 5 pm by a mime performance on drug abuse. **40 students participated in the program.** The program was coordinated by Mr.Lenin Babu.



**OUTCOME:**

Vimukthi is an anti-narcotics campaign launched by the Government of Kerala. It is a collective effort aims at eradicating all sorts of narcotic substances from Kerala. By this event, students were able to know about the campaign and were able to create awareness among the youth.





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## REPORT ON WORLD EARTH DAY

**22<sup>nd</sup> April 2020**

### REPORT:

The world celebrates Earth day every year on 22<sup>nd</sup> April. The theme for Earth Day 2020 was climate action.

As part of World Earth day, NSS unit of Vidya Academy of Science and Technology Technical Campus, Kilimanoor organized a plastic free environment programme on 22<sup>nd</sup> April 2020 at the college. **60 volunteers were present for the occasion.** Program started at 10 am. The Principal, Dr. T. Mathavaraj Ravikumar officially inaugurated the program. In his inaugural address, he stressed the need for avoiding plastic materials and thereby conserving nature & praised the NSS unit for selecting such an event.

The NSS volunteers reached Tabor Ashram ,Malakkal at 11:15 am.Many of the plastic refuse in and around the Ashram were removed by the NSS volunteers. The coordinator of the event, Program Officer, Mr. Lenin Babu, conducted a talk about the need for recycling of plastic materials. The event ended at 4 pm and was a great success.

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**OUTCOME:**

Students understood the importance of avoiding plastic in our surroundings, and were also enlightened about the harmful effects of plastic in nature.